

CAC Food Basket Lists & “How To”

1. Use boxes from local office supply retailers
(Call ahead and request empty boxes that reams of copy paper come in)
2. Shop for items on one of the lists below
3. Place contents of list in each box (mark with R=Regular or H=Holiday)
4. Deliver to: CAC, 1130 Hightower Trail, Sandy Springs 30350.
5. Delivery times M- F 8:30am - 12pm or 3pm - 4:30 pm.
6. Or contact Jacqui at fooddonations@ourcac.org or 770-552-4889 to arrange delivery or pick up. Thank You!

REGULAR BASKET

baking mix 1
beans 2
cereal 2
fruit 2 cans
juice or drink mix
macaroni & cheese 2
oil, mayo or ketchup 1
potatoes 1 can or box
rice 1 lb
salt 1
soup 4 cans
spaghetti or pasta 2
tomato sauce 2
tuna or chicken 2 cans
vegetables 2



HOLIDAY BASKET

baking mix 1
coffee or tea 1
cranberry sauce 1
flour 1 bag
fruit (one for pie one regular) 2 cans
gravy 1
instant mashed potatoes 1
macaroni & cheese 2
oil, mayo or ketchup 1
salt 1
soup 4 cans
stuffing 1
sugar 1 bag
vegetables 2 cans
yams or sweet potatoes 2 cans

