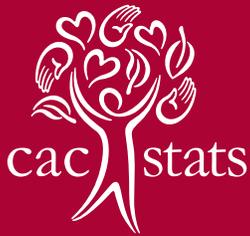




Communityaction Report



2006 WrapUp

- Answered over 3900 phone calls for information or assistance.
- Served an average of 569 clients each month, providing them with food, clothing vouchers, or financial assistance.
- Distributed over \$146,000 worth of groceries.
- Provided financial assistance for rent and utilities to over 80 households each month.
- Responded to a total of 869 requests for clothing by providing free vouchers for Thrift Boutique merchandise.
- 2006 saw a 37% increase in the number of unduplicated households served by CAC.

Inside This Issue...

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- ◆ Community Day
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CAC Celebrates Its 20th Anniversary by Looking Forward

Phase II of Capital Campaign Ensures Future of CAC

In the fall of 1987 ten ministers and their congregations came together to form an independent organization that would provide food, clothing and financial assistance to the needy of Sandy Springs and Dunwoody. This organization would investigate the legitimacy of the need and provide compassionate assistance without regard to race, nationality, or religion. Thus was the Community Action Center born. Seed money was provided by Holy Innocents' Episcopal Church and a home for the new agency was provided by Mount Vernon Presbyterian Church. CAC initially served a client base of 200 families in Sandy Springs with a part time Executive Director and a handful of volunteers.

Now, 20 years later, Community Action Center is located in a 9,000 square foot office building and serves 2000 families in six zip codes with two full time staff, two part time support staff and over 150 volunteers. CAC now runs a Thrift Boutique that provides quality free and low cost clothing to CAC clients and sells to the public. In 2006, its Food Pantry provided over \$146,000 worth of food to the area's hungry. More than 50 families a month are saved from eviction through CAC's Emergency Financial Assistance funds and another 30 families receive assistance for essential needs such as utilities and prescriptions.

New programs under development include a Dress for Work program providing interview and appropriate work clothing to clients seeking new employment. Classroom facilities and a computer lab are planned this year with funding from private donors and

the assistance of Leadership Sandy Springs, Class of 2006. Partnering with other organizations that have an instructional track record, CAC will host ESOL education, computer literacy, and career counseling programs on the second floor of the CAC building. In the future CAC sees itself as not only an organization that provides compassionate assistance to help residents weather the unexpected storms in life, but also as a place to develop skills to become more self-sufficient. Community Action Center strengthens the community by strengthening those most in need.

In 2004, Community Action Center launched Phase I of the Capital Campaign to secure the funds to purchase the building at 1130 Hightower Trail. Over \$600,000 was secured. Now CAC launches Phase II of the campaign; its goal is to pay off the building, ensure the financial security of CAC and establish a seed for permanent program funding.

Development Director Brian McDonald believes that with CAC's diverse funding portfolio of foundations, corporations, congregations, businesses, and individuals, the capital campaign will be very successful. "CAC has been blessed to be well received and well funded by the local community. We will again be counting on our wide net of supporters to help us in bettering our community."

**Keep abreast of our Capital Campaign progress by
visiting the CAC website www.ourcac.org.**

With your heart and our hands, we can accomplish much.

ANNUAL MEETING

MARCH 20, 11:00 AM

Dunwoody United
Methodist Church

Complimentary Lunch

RSVP:

meetings@ourcac.org
or phone 770-552-4889

*Learn about our
2006 accomplishments
and our 2007 dreams!*

LOG ON TO WWW.OURCAC.ORG

TO DONATE
TO VOLUNTEER
TO SPONSOR

To become informed about

**OUR MISSION,
OUR PROGRAMS,
AND OUR SUCCESSES**

*Funding for this website
provided by CAC supporters
Melanie and David Couchman.*



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MEMBER CONGREGATIONS

Apostles' Lutheran Church

Church of St. Andrew Presbyterian

Church of the Redeemer

Congregation B'nai Torah

Dunwoody Baptist Church

Dunwoody Community Church

Dunwoody United Methodist Church

Episcopal Church of the Atonement

First Baptist Church of Sandy Springs

Holy Innocents' Episcopal Church

Kingswood United Methodist Church

Mt. Vernon Baptist Church

Mt. Vernon Presbyterian Church

North Atlanta Church of Christ

North Springs

United Methodist Church

Northwest Unitarian

Universalist Congregation

Rivercliff Lutheran Church

Sandy Springs Christian Church

Sandy Springs

United Methodist Church

St. John United Methodist Church

St. Jude the Apostle Catholic Church

St. Luke's Presbyterian Church

Temple Emanu'el

Temple Sinai

EXECUTIVE DIRECTOR

Tamara Carrera

Vintage Affair a Spectacular Affair

A Vintage Affair, hosted by Joey Mason and sponsored by Coldwell Banker Cares Foundation raised a record \$65,000 for Community Action Center programs. Over 250 guests enjoyed delectable edibles provided by area restaurants, sampled fine wines provided by local distributors, and responded with spirit to the live auction conducted by Scottie Chesin. Winner of the week long, all expense paid trip to Hawaii was Mrs. Curtis Kimball.



Community Action Center thanks the sponsors, food and wine donors, volunteers, and participants for making the night an overwhelming success. In addition, a special thank you to the Vintage Affair Steering Committee of Candace Apple, Claire Bernot, De Cutshaw, Elizabeth Igleheart, Kristen Ristino, and Stephen Walker.

PRESENTING SPONSOR:

Coldwell Banker Cares Foundation

CORPORATE SPONSORS: Blue Cross Blue Shield of Georgia, CH2MHILL, Church's Chicken, Purchasing Alliance Solutions, Piedmont Bank, Talent Builders, Advance Realty, Family Wealth Services, LLC, Kroger CityWalk, Milner Office Products, Phoenix and Dragon Bookstore, S.R. Walker Designs

RESTAURANT SPONSORS: Brooklyn Café, Chicago's, 5 Season Brewing, Food 101, Toni's Casa Napoli, Meehan's Public House, A Royal Affair Café.

LEAD AUCTION DONORS: Hawai'i State Tours, Castleberry's Treasures for Your Home, Sali's Place, Antiques and Vintage Accessories, Sewell Appliance/Kitchenaid.

Vintage Affair 2007, celebrating Community Action Center's 20th anniversary, will be a very special event at Glenridge Hall. Tables as well as individual tickets will be available for purchase and seating will be limited. Mark your calendars for the September 29th event.

Development Director Joins CAC Staff

Brian McDonald, a native of Indiana, has spent the last 12 years in development and fundraising, first for Central Indiana United Way, then for Spellman College in Atlanta, and most recently for the National Center for Human Rights Education in Atlanta. Community Action Center is proud to launch Phase II of our capital campaign with Brian and CAC board Capital Campaign chair De Cutshaw, at the helm.

Brian believes CAC's upcoming Capital Campaign will be an exciting and successful campaign. "Everyone at CAC, from board members to volunteers, seems primed and ready to take on this task. There is a tremendous desire amongst all the people I have met to see this agency continue with and expand its mission in the community."

Brian and his wife Dawn are busy parents of two children, Blake, 13 and Celeste, 9.

COMMUNITY DAY

With a grant from the Georgia Dept. of Human Resources through the Georgia Parents Support Network and CETPA (Clinic for Education, Treatment, and Prevention of Addiction), and in partnership with Sandy Springs Middle School the Community Action Center celebrated its first CommUNITY day on Saturday, August 16. The objective of CommUNITY day was to promote healthy living, to unify the Sandy Springs community, and to highlight volunteerism in the community.

Targeted to children qualifying for free or reduced lunch, the special day was open to all Sandy Springs children in the community with invitations issued through the schools. Over 300 children attended. It was an afternoon of much festivity with entertainment by Peter Hart and the Atlanta Puppets and music by Tahino's "Sabor Latino". Face painting, Bouncy House, and other activities kept everyone busy. Food was provided by Church's Chicken and Mike's Hot Dogs to those in attendance and busses stopped at four convenient locations within Sandy Springs to provide free transportation.



We thank all those who volunteered and attended for making CommUNITY Day a success.

YES! I want to Support the Community Action Center!

To invest in my community I (we) enclose a gift of: _____

Total Pledge: _____

Amount Enclosed: _____

Donor \$25

Friend \$50

Partner \$100

Advocate \$250

Benefactor \$500

Patron \$1,000

Pacesetter \$2,500

Sponsor \$5,000

Donor's Name _____

In Honor of _____

In Memory of _____

Please Notify _____

Address _____

City _____

State _____

Zip _____

PLEASE MAKE CHECKS PAYABLE TO: Community Action Center • 1130 Hightower Trail • Atlanta, GA 30350

CAC IS A NON-PROFIT ORGANIZATION. ALL GIFTS ARE TAX DEDUCTIBLE.

• VOLUNTEER HIGHLIGHTS •

EXECUTIVE DIRECTOR TAMARA CARRERA is constantly amazed by the willingness of CAC volunteers to work above and beyond their normal CAC hours. And at no time are the volunteers busier than from September to December. We recognize not only the Volunteers of the Month but also all the volunteers who make CAC such a special organization.

• CONGRATULATIONS TO THESE VOLUNTEERS OF THE MONTH •

- **MORT NORTHPROP** of Mount Vernon Presbyterian Church first became involved with CAC during the old garage sale days at Mt. Vernon Presbyterian School Hall. He's now a regular food pantry worker.
- **TERRY HARTIGAN** of St. Jude the Apostle congregation has been involved with CAC for seven years. Formerly employed in the commercial real estate field, Terry works in the food pantry and spends hundreds of hours working with his wife Pat to insure the success of the Thanksgiving and Holiday programs. Terry is the Facilities Manager for CAC and a member of the Board of Directors.
- **JAN HEDRICK**'s retirement as a computer graphic artist 1-1/2 years ago made it possible for her to become a CAC volunteer. A member of Holy Innocents' Episcopal Church, Jan works in the Food Pantry twice a month and is active in Spalding Garden Club where she is involved with many community service gardening projects.
- **KAETHE SOLOMON** saw a notice in the Northside Neighbor, which prompted her interest in CAC. A 3-year volunteer, Kaethe's energy is abundant. She belongs to a bicycle club, works at her synagogue, is developing a ballroom dance program for 5th graders at a local school and is a day manager in the Thrift boutique.

CAMP FAIRS SCHEDULED • VOLUNTEERS WANTED

Under the auspices of Community Action Center's Youth Enrichment Program, summer camp fairs will be held at local schools and the CAC building.

CAC registrations are scheduled for Saturday, March 3 and April 14 from 1:00 to 4:00 pm and Wednesday, April 18 from 5:00 to 8:00 pm. On March 8 registrations will be at Heard's Ferry Elementary School and on March 28 at High Point Elementary School with both registrations beginning at 8:00 am.

Individuals are needed to

assist with the registration process. Call 770-552-4889 or email programs@ourcac.org to volunteer.

The summer camp program serves Sandy Springs and Dunwoody children, ages 3 to 16 who because of economic, cultural, or family stress situations do not have access to enriching summer activities. Candidates to the program are referred by the counselors and teachers in the Public Schools of Sandy Springs and Dunwoody.

Camps participating this year include sports, art, music, and computer camps and include both day and overnight camps. The camp experience is funded through Fulton County F.R.E.S.H funds, Altrusa International Inc. of Atlanta, North Perimeter Optimist Club, private donations, and full and partial scholarships provided by the camps. Last year CAC was able to place 234 students in summer camp programs.



Second Helpings "Beefs Up" CAC's Food Pantry

Can you imagine 27 tons of food? Not canned food, but casseroles, sandwiches, "home made" soups, salads and desserts! Second Helpings, a program established and run by Temple Sinai and its 100+ volunteers, delivered over 27 tons of food to CAC in 2006. This food was then distributed to CAC clients through our Fresh Food program.

Many CAC clients depend on the Fresh Food program to provide variety and nutrition in their diet. Senior citizens living on limited fixed incomes and the homeless are two groups who most enjoy these meals.

The donations come from various restaurants, caterers and grocery stores in the Sandy Springs/ North Fulton/East Cobb area. Some include Eatzi's-Park Place, Fresh Market-Dunwoody, Holy Innocents Episcopal School, St. Martins School,

Mandarin House, Epstein School, Azoni's-East Cobb, Trader Joe's-Sandy Springs, Whole Foods and many Temple Sinai events and dinners.

The Second Helpings project began in September of 2004 with Community Action Center being the site of their first delivery. Even though new agencies have been added to the Second Helpings distribution list, Community Action Center continues to receive a very large portion of their rescued food. To date, Second Helpings has rescued over 272,136 lbs. of food or 136 TONS of food for community distribution — food that otherwise would have ended up in a dumpster.

The Community Action Center is proud to partner with Second Helpings in uniting community resources to prevent hunger.

VOLUNTEER OPPORTUNITIES

OFFICE VOLUNTEER – answer phones, interview clients, data entry, assist with mailings.

FOOD PANTRY – shelve donations, pack bags, distribute groceries. Drivers are also needed for food pickups.

THRIFT BOUTIQUE – Sort and display donations, assist shoppers. Evening, weekend, and weekday volunteers needed. Create your own shift by getting a group of five of your friends or coworkers to cover a time slot.

TEEN OPPORTUNITIES – Assist in Thrift Boutique or Food Pantry. Work with computer data entry, mailings, and other general office activities. Conduct a food or clothing drive.

COMMUNITY HELPER – Conduct a food drive at your school or place of work. Gather gently used spring and summer clothing for the Thrift Boutique.

SPREAD THE WORD – Schedule a CAC speaker. School, civic, and congregational presentations are available.

SPECIAL PROJECTS

- Web savvy individual to assist with upkeep of CAC web site.
- Conduct a children's clothing drive for the Thrift Boutique
- Communications expert to assist with newsletter. Historian to archive CAC photos and historical documents.



Shop at the THRIFT BOUTIQUE

Spring is in the Air!

Spring and Summer Donations are welcome. Please donate only clean items in good condition.

Household items such as kitchenware, lamps, artwork, and decorative accessories are often in demand.

• Saturday Specials •

APRIL 7
All Women's Jeans are just \$1.00

APRIL 21
All Women's Tops are just \$1.00

• Thrift Boutique Hours •

Monday and Wednesday
10:00 am to 4:00 pm
First and Third Saturdays
10:00 am to 2:00 pm

The Holidays Past

The response of the Sandy Springs and Dunwoody communities over the past four months has been overwhelming. Your outpouring of concern and assistance for those in need through this holiday period has set new records. Because of you, 377 families had a scrumptious Thanksgiving dinner and 980 children received gifts from the Holiday Gift Shop. We touch on only a few of the many individuals, church, civic, social, and school groups who contributed to the success of CAC's holiday programs. Thank you from the bottom of our hearts.



Brownie Troop 3503 earned funds to provide holiday gifts for others.



Westminster "Super Troop" 197 and students from Lovett School assist with mailings and other CAC office projects during the holidays.

- In October, **SANDY SPRINGS CHRISTIAN CHURCH PAC MEMBERS**, ages 5-9, helped collect food and stock the pantry, giving an early start to our food drive.
- **WESLEYAN SCHOOL BOYS' CROSS COUNTRY TEAM AND CHORAL DEPARTMENT** donated fully packed Thanksgiving food baskets. Thanks to Wesleyan for supporting us in so many ways.
- **RIVERWOOD SENIOR MATT FANNING** conducted his 3rd annual holiday food drive for CAC in his Winterthur neighborhood. Three to four times a year Matt creates and distributes a food flyer, then sets a bin near his house for collections from neighbors and friends. Matt finds the experience to be "very rewarding" and appreciates the friends and neighbors who make his drive a success.
- **THE CONFIRMATION CLASS OF HOLY INNOCENTS' EPISCOPAL CHURCH** delivered four truckloads of food, unloaded and sorted it, then still found time to help with a CAC mailing.
- **TEMPLE SINAI** again donated their High Holy Days food drive to CAC, delivering over 500 bags of groceries to the Food Pantry.
- Volunteers from **DUNWOODY UNITED METHODIST CHURCH** did some heavy lifting during the food basket distribution, carrying filled boxes to our clients' cars.

- CAC was the recipient of the Community Ecumenical Thanksgiving service held at **MOUNT VERNON PRESBYTERIAN CHURCH**.
- **DUNWOODY BAPTIST CHURCH** provided Holiday Gift Shop volunteers and carload after carload of toys for distribution. **STUDENTS FROM PACE ACADEMY, HOLY INNOCENTS' EPISCOPAL SCHOOL, AND WESLEYAN SCHOOL** worked hard sorting and displaying all those toys.
- Students from **SANDY SPRINGS MIDDLE SCHOOL, GALLOWAY SCHOOL, RIDGEVIEW MIDDLE SCHOOL, BRANDON HALL AND MT. VERNON PRESBYTERIAN SCHOOL, ST. JUDE'S SCHOOL AND SPALDING ELEMENTARY SCHOOL** conducted successful food drives for CAC.
- **SANDY SPRINGS BAR ASSOCIATION** used their annual holiday party to collect toys for CAC. They have also chosen CAC as their charity for 2007.
- **SANDY SPRINGS ROTARY CLUB**, donated, \$3500 in new children's coats for the Gift Shop. This is the 7th year Rotary has donated coats to this CAC program.
- **CHEROKEE GOLF CLUB** provided quality toys for distribution.
- **BELLES CHOSES** conducted a blanket and coat drive in December for CAC, giving a discount on new items for donations of previously owned coats and blankets.



Second and third grade students at Atlanta Academy prepared Christmas surprise boxes to distribute at the Holiday Gift Shop.



City Manager John McDonough, Safety Manager Ruben Burch, CAC Executive Director Tamara Carrera and Rick Foster, Optech Supervisor along with Optech employees donate seven bicycles to Holiday Gift Shop on behalf of CH2MHILL and city employees.

New Congregations Join the CAC

Three new congregations have become members of Community Action Center: Church of the Redeemer, North Atlanta Church of Christ, and Temple Emanu-El. This brings the number of congregations to 24, who have joined with CAC to prevent hunger and fight homelessness in our community.

CHURCH OF THE REDEEMER, located on Peachtree Dunwoody Road, is committed to serving the Perimeter Center area as well as greater Atlanta. Through its 'Hope for Atlanta' program, a facilitating ministry that links churches and volunteers with service opportunities in the Atlanta area, Church of the Redeemer prepares individuals for volunteer work in the community. Community Action Center is pleased to be a part of this mission work.

NORTH ATLANTA CHURCH OF CHRIST, though new as a member of CAC, has had a history of supporting CAC projects. During North Atlanta's Community Day in November 2005 volunteers from the congregation painted CAC's hallways, client waiting area and stairwell. At Thanksgiving, church members provided many volunteer hours packing Thanksgiving food baskets. Additionally, North Atlanta's 1500 members contributed generously to an autumn food drive providing over 2,000 pounds of food to CAC's food pantry.

North Atlanta Church of Christ is located on Roberts Drive in Dunwoody. Led by Reverend Don McLaughlin and Executive Minister Reverend Ken Snell, North Atlanta Church of Christ has over 40 different ministries led by volunteers. The Church is also actively involved in mission works in Mexico, the Ukraine, Kazakhstan, Russia, Nigeria, and the United States.

TEMPLE EMANU-EL, located in Dunwoody, first began its relationship with CAC several years ago through its Garden Isaiah. Garden Isaiah is a community service garden with the harvest of the garden being donated to local charities. "We began donating to Community Action Center on a weekly basis and the relationship grew from there," said Dara Amram, CAC Advisory Board representative and co-chair of the temple's social action committee.

Community Action Center is proud to have these congregations working with us to alleviate hunger and homelessness in our community.

HOLY INNOCENTS' Junior Class and Pace Academy ADOPT CAC

The 11th grade class of Holy Innocents' Episcopal School and students from Pace Academy have adopted the Community Action Center as the 2006-07 class service project.

Each Wednesday, HIES and Pace students spend the evening helping with various projects: mailings, clothing and food pantry work, filing, computer data entry, etc. CAC is fortunate to have these civic-minded students work with us.

Curves® 'TAKES IT OFF' FOR CAC

Curves of Sandy Springs and Dunwoody are offering to waive the service fee for new members who bring in a bag of non-perishable food items to be donated to Community Action Center. This special offer, valued at \$149, is valid from March 1 to March 10 only. Those interested in joining Curves should call their local center to set up a first visit appointment.

Curves has also offered to collect community wide donations of food for CAC during the entire month of March. Though all non-perishable food items are wanted, peanut butter is urgently needed for CAC's Food Pantry.

This is the 4th year of Curves' partnership with CAC and the 9th annual Curves Food Drive nationwide. Last year, the Curves Food Drive collected 11 million pounds of food for local communities all over the world. "The Curves Food Drive promotion is always exciting," said Lanier Quantz, the owner of the Sandy Springs and Dunwoody clubs. "We have a chance to help so many people at a time when the food banks are lowest, while we assist more women in reaching their fitness and weight loss goals. It's a win-win situation for everyone.

Our Clients

It was the year 2000 when Janice H. left her native Puerto Rico and moved with her husband and two sons to Atlanta. Her eldest son had a learning disability and needed better educational programs.

Employment was not difficult to find: her spouse worked with a tree service and Janice found part-time work at a retail establishment. But entry-level employment is not steady. Janice's spouse was often injured in his dangerous line of work and Janice's hours of work were frequently reduced.

Thanksgiving and Christmas were at hand and money for food and gifts was scarce. Janice's sister, a Community Action Center volunteer, told her about the holiday food basket and Christmas gift program. Janice registered for the programs and her family was adopted. That Christmas morning her two sons were thrilled to receive the bike and scooter they had requested. The holiday food also helped to make the occasion even more special.

Janice's husband found new and safer employment at a grocery store, but again, income was not sufficient to meet needs. The family applied for emergency financial assistance at CAC, but did not qualify because there had been no loss of income, a necessary requirement for financial assistance. Although disappointed by this, Janice was grateful for the food and clothing available at CAC which helped them stretch their limited dollars. "As a client, I was treated in a wonderful way, excellent volunteers and excellent service," Janice remembers.

After about a year, Janice began part-time employment as a bilingual tutor at an after-school program sponsored by a local YMCA. She enjoyed the

job, but wanted more work hours. One day, a friend who was on the CAC board called to tell her that Tamara's assistant had just quit and that a bilingual replacement was needed. "Get over there right away. You'd be good in that job." After reviewing her application, Executive Director Tamara Carrera called Janice in for an interview. As Janice entered the director's office, Tamara, recognizing her, exclaimed, "Oh, it's you!"

As all who are familiar with the CAC office have deduced, Janice H. is OUR Janice Haddock, Indispensable Program Director. She is responsible, friendly, patient with the volunteer staff, and understanding and kind to our clients. She knows what it is like to sit on both sides of the desk - as an applicant and as a decision-maker in Tamara's absence. Her administrative assistant position became full-time three years ago and in 2006 she was promoted to Program Director.

Her sons, Christian and Giancarlo, are fine young men. Jose, her husband, hopes to soon be promoted to supervisor at his place of employment. Janice, now the Program Coordinator for Community Action Center, directs the Youth Enrichment Program. Janice and Jose recently bought their first home in Atlanta.

What a wonderful outcome for a hardworking family! Though the center does not play such a large part in most of our client's lives, CAC does provide a measure of stability, some breathing room, some hope to families in distress. Many of our clients' difficulties are temporary. With a hand up and not a hand out, they can overcome obstacles and become valuable contributors to our community.

Grants from The Community Foundation - City of Sandy Springs & FEMA Support CAC Work in the Community

Community Action Center has received a \$20,000 grant from the General Unrestricted Fund of The Community Foundation for Greater Atlanta to support its Emergency Assistance Program.

In announcing the grant, Alicia Philipp, president of The Community Foundation, said that the Foundation is pleased to support the crucial community services that CAC provides. With more than \$650 million in assets, The Community Foundation for Greater Atlanta manages and administers the charitable dollars for 650 individuals and families by matching them with charities and causes that serve their personal philanthropic interests. Last year The Community Foundation awarded more than 4,600 grants totaling nearly \$50 million throughout 23 counties in the greater Atlanta area. For more information on The Community Foundation visit www.atlcf.org.

Additionally, Community Action Center received a \$75,000 grant from the city of Sandy Springs to be used specifically in CAC's efforts to prevent homelessness for Sandy Springs residents and provide opportunities for its youth. In announcing this disbursement, Mayor Eva Galambos expressed her admiration of CAC's effectiveness in delivering client services. "I am impressed with how well the organization is run considering it is nearly an all volunteer structure."

The City of Sandy Springs' leadership, which recently celebrated its first year of operation, has



Ms. Judy Parker, Communications Manager for the City of Sandy Springs, presents CAC volunteer Lisa Ulrich with a check for city grant monies.

been concerned with preventing homelessness and making Sandy Springs a better place to live for everyone. This investment in Community Action Center is a first effort to address the issue of individuals and families in our community who are hardworking individuals, contributing to our community but are facing a temporary setback due to unforeseen circumstances such as job loss or illness. Keeping these neighbors from losing their homes benefits not only them but everyone in the community. "By providing a degree of stability for these families, we improve the stability of our community and the quality of life for all" explained CAC Executive Director Tamara Carrera.

FEMA has also awarded Community Action Center a \$20,000 grant through its Emergency Food and Shelter National Board Program. These funds are targeted for rent and mortgage assistance for residents living throughout CAC's six zip code service area.

If you would like to receive this newsletter via email to conserve resources, please email info@ourcac.org with your email address.

Return Service Requested

UPCOMING EVENTS



MARCH

- Attend CAC's Annual Meeting, March 20, 11:00 am at Dunwoody United Methodist Church. Enjoy a complimentary lunch and learn more about the vital role CAC plays in our community. Reservations to meetings@ourcac.org or phone 770-552-4889.
- Get outdoors and spread the word about CAC to your neighbors, friends, and business associates. Help us enlarge our base of community support.
- March into Spring by cleaning out your home and closets. Donations of gently used clothing, kitchen items, linens and decorative accessories are welcome.
- Donate outgrown Easter outfits and shoes to CAC. Another child will feel very special in your donated items.
- Pack a Sack for CAC! Ask your neighbors, tennis teammates, etc. to pack a breakfast sack for CAC. Include cereal, canned or powdered milk, canned fruit, and juice for a family of four.

APRIL

- Planning a garden? Why not add a row for CAC? Fresh vegetables add welcome variety and powerful vitamins to the canned goods distributed by CAC.
- Hop to it! Grab your three best friends and sign up to work a Saturday or evening shift at the Thrift boutique.
- Conduct an Easter food drive. Extended daylight hours means kids are more active and ravenously hungry at the end of the day. Keep our pantry full as client demand increases.

MAY

- Make a contribution to CAC in honor of your mother or loved one.
- Donate peanut butter so children can have nutritious lunches this summer.
- Plan a food drive for your next tennis or swim meet.
- Clean out the closet. Tennis shoes, shorts and polo shirts in good condition make wonderful donations to the Thrift Boutique.
- Teens: Perform your community service work this summer. Visit our website at www.ourcac.org to discover our many volunteer opportunities.

PACK-A-SACK FOR CAC

BREAKFAST – Unsweetened cereal, canned or powdered milk, canned fruit and juices.

LUNCH – Soups, stews with meat, canned tuna, peanut butter and jelly, applesauce, muffin mix, granola bars

SUPPER – Canned hams, pastas and tomato sauce, rice, beans, condiments



ALWAYS IN NEED
Protein-based food

Visit our website at www.ourcac.org or call 770-552-4889 for more information.